

# PSHE

At Sandhurst Primary School, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community



PHSE is a planned programme of learning through which children acquire the knowledge, understanding and skills they need to manage their lives. PHSE develops the qualities pupils need to thrive as individuals, family members and members of society.

We follow the SEAL scheme of work and cover the following themes throughout the year:

- New beginnings
- Getting on and falling out
- Say no to bullying
- Going for goals!
- Good to be me

In addition, we encourage our children to be good citizens and support the local community and charities. Each year, children from year 6 organise and run their own activities to raise money for Children in Need and other events are supported throughout the year.

The **national curriculum** also states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. PSHE education contributes to schools' statutory duties outlined in the **Education Act 2002** and the **Academies Act 2010** to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding. The relationships and health aspects of PSHE education **will be compulsory in all schools from 2020**.

